


TICK-BORNE ENCEPHALITIS

- Caused by virus obtained from tick bites or unpasteurized dairy products
 - Increased risk March-November
- Symptoms
 - Fever - followed by a 4-10 day recovery
 - followed by fever and severe brain inflammation
- Countermeasures  Prevent tick bites
 - Use the DOD Insect Repellent System
 - Sleep under a permethrin-treated bed net
 - Regular examination of clothing and skin for ticks; promptly remove attached ticks
 - Drink only milk approved by the U.S. military

